

Meeting on promotion of Millets in the State.

Date: 20th December, 2022

Venue: Haryana Niwas, Chandigarh

Haryana Kisan Kalyan Pradhikaran in collaboration with Agriculture and Farmers' Welfare Department, Haryana, organised a meeting regarding promotion of millets in the State in Haryana Niwas, Chandigarh on December 20th 2022. It was chaired by Hon'ble Haryana Agriculture and Farmers' Welfare Minister, Sh. J.P. Dalal. Dr. Khadar Vali commonly known as Millet Man of India was the guest speaker.

Sh. J.P. Dalal, Agriculture Minister said that on the proposal of the Government of India, the United Nations has declared the year 2023 as the International Year of Millet (IYOM) to promote the cultivation and consumption of nutri-cereals. Moving forward in this direction, people will be made aware and farmers will be trained about the nutritional importance of millets.



Dr. Khadar Vali said that it is very important to make people aware about the nutritional importance of millets. Nutri-Cereals cure many diseases. Containing a good amount of fibre, minerals and proteins, these crops are a powerhouse of nutrition which have the ability to nourish the body and heal diseases such as Diabetes, Blood Sugar, Hypertension, Hyperthyroidism etc. He said that Kodra, Kangni, Kutki, Swank, Hari Kangni, Jowar, Bajra, Ragi and Cheena etc. should be included in food. He also stated that Millets

help to reduce the effects of climate change through less carbon waste than wheat and rice.



The hon'ble Minister also addressed a press conference on this occasion in which Dr Khadar Vali also spoke on the subject. Millets lunch was served to the participants on this occasion.

